# An At Home Family Retreat for



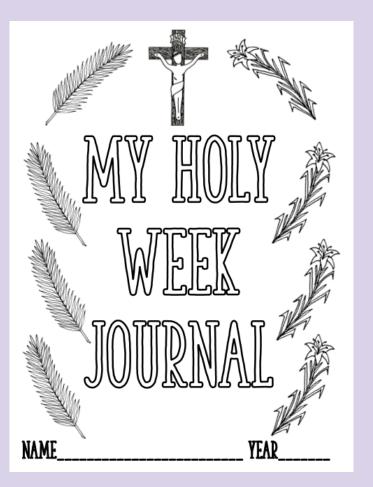
This Holy Week will be like no other in living memory. Our churches are closed and we are compelled to stay at home as much as possible to prevent the spread of Covid-19. For many of us, not being able to participate in the liturgical services of the Easter Triduum will be a source of great sadness. We are, however, fortunate that modern communications enable us to join with others via live-streaming of Mass and devotions. That is a great blessing.

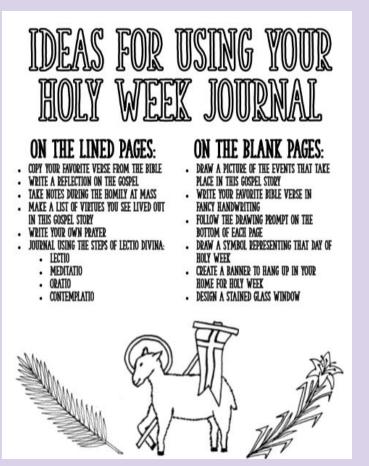
This At Home Family Retreat is designed to help you and your families join together to pray, to read and reflect upon scripture as you journey with Christ this Holy Week. There are links to the daily Mass readings and a range of activities for children, young people and parents.

The symbol (shows that the video is suitable to younger children, many of these are animations, whereas indicates that the video is more appropriate for older children (upper KS2 and above).

There are links to all the online resources but should you have a problem accessing them, those marked \*\* are also on the final pages of this presentation, so you can copy and paste them into a document for printing. Other links can also be found in the Acknowledgments slide at the end of this presentation. Before starting the retreat, please take a moment to look through all the slides so you know what is there.

Despite being socially isolated from each other, through praying and sharing together may we come to know ever more deeply that we are never alone since Christ is always with us. May this Holy Week be a time of blessings for us all.





<u>Click here to download the Holy Week Journal</u> or see the pages at the end to print directly from this powerpoint.



Join a live streamed Palm Sunday Mass <u>click here to find a church</u> near you



Handprint Palms and Footprint Donkey Craft Suggested words to accompany this can be found at <u>Mission</u>

Together



### **PALM SUNDAY**





Singing The King of Glory



#### **Scripture**



#### Matthew 21:1-11

- Make a Scripture Card
- Draw an illustration
- Pray with Lectio Divina

Colouring Palm Sunday Colouring Page\*\*

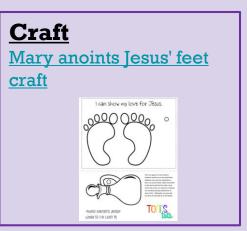




Join a live streamed Mass. <u>Click here to find a</u> <u>church near you</u>

### **MONDAY**, 6/4/20







Singing

One thing I ask



#### **Scripture**



#### John 12:1-11

- Make a Scripture Card
- <u>Pray with Lectio Divina</u>

#### **Colouring**

Faith over Fear Quote Colouring Page\*\*





Join a live streamed Mass. Click here to find a church near you





**Video** 

Jesus in the desert



Singing How can it be?

#### **Scripture**



#### **John 13:31-38**

- Make a Scripture Card ٠
- Draw an illustration .
- Pray with Lectio Divina .

#### Colouring

Peter denies Jesus colouring page\*\*



Craft

Rooster colour by number\*\*





Join a live streamed Mass. Click here to find a church near you

### WEDNESDAY, 8/4/20



<u>Video</u>



Judas' money pouch printable\*\*



Betrayal and arrest of Jesus

Spy Wednesday - 30 pieces of silver hunt -<u>A Social Media Holy Week</u>

Singing Were you there?







Matthew 26:14-25

- Make a Scripture Card
  - Pray with Lectio Divina

**Colouring** 

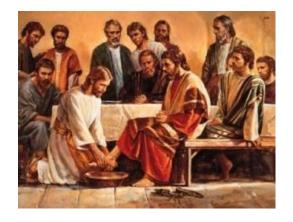
What the Triduum looks like colouring page\*\*





#### Join a live streamed Mass. Click here to find a church near you

### **MAUNDY THURSDAY**



**Scripture** 



John 13:1-15

- Make a Scripture Card
- Draw an illustration
- <u>Pray with Lectio Divina</u>

<u>Craft</u>

Monstrance art project



<u>Video</u>

<u>Holy Thursday</u>

<u>Singing</u>

Panis Angelicus (Bread of Angels)



**Colouring** 

Da Vinci's Last Supper Colouring Pages





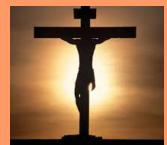
Join the Celebration of he Lord's Passion at 3pm. Click here to find a church near you

Craft Stations of the Cross box for kids

#### Stations of the Cross art



### **GOOD FRIDAY**





The Stations of the Cross for children

Fulton Sheen on the meaning of the Cross



#### Singing

At the Cross Her Station Keeping



#### **Scripture**



#### **John 19:16-42**

- Make a Scripture Card ٠
- Draw an illustration .
- Pray with Lectio Divina

#### **A Lenten Meditation**

Colouring Stations of the Cross <u>colouring pages</u>\*\*





Join a live streamed Easter Vigil. <u>Click here to find a</u> <u>church near you</u>

### **HOLY SATURDAY**



## <u>Scripture</u>



#### Matthew 28:1-10

- Make a Scripture Card
- Pray with Lectio Divina

Craft

#### Make your own Paschal



The Three Trees Movie

**Video** 

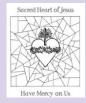
That One Day

#### <u>Singing</u>

Easter Proclamation (Exsultet)

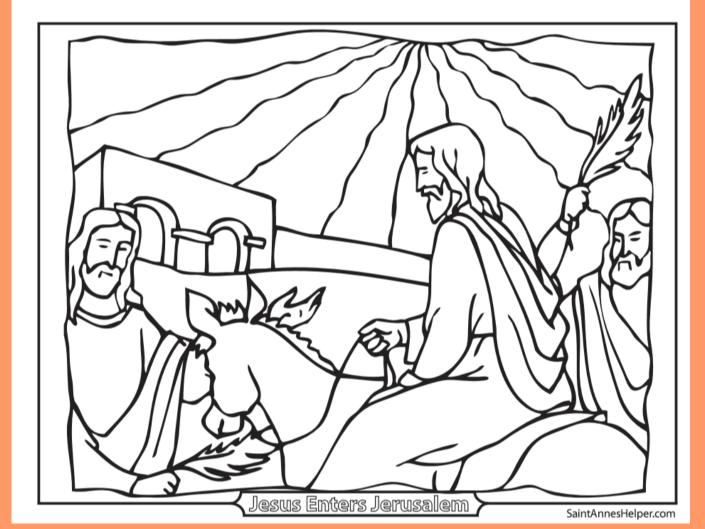


<u>Colouring</u> <u>Sacred Heart of Jesus</u> colouring pages



LiturgyImage: Constraint of the second	EASTER SUNDAY He is Risen He is Risen Indeed! <u>Video</u> The Easter Story Codly Play - The Faces of Easter	ScriptureImage: Scripture<
Craft Way of Light Mini Colouring Book and Bible Study	SingingBecause He LivesBe Thou My VisionJesus Christ is risen todayChrist is Risen (M.Maher)How deep the Father's love for usJesus Christ is risen today (He is not dead)Jesus Christ is risen today (He is not dead)Beautiful SaviourIn Christ AloneYour love is mineRegina Caeli LaetareBenediction:Laudes Divinae (Pluscarden Abbey)Oceans	<section-header></section-header>

Palm Sunday colouring page







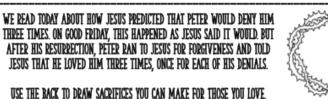
***************************************
***************************************
TODAY WE READ THAT MARY OF BETHANY ANOINTED JESUS' FEET WITH FRAGRANT OIL. THIS WAS A BEAUTIFUL ACT OF WORSHIP, SHOWING
FRAGRANT OIL. THIS WAS A BEAUTIFUL ACT OF WORSHIP, SHOWING THAT MARY LOVED JESUS AND BELIEVED HE WAS THE MESSIAH.
HET THE MAY OF THE MAT MALL & METHOD OF LAVE WALL STOLE HOLE HOLE AND
USE THE BACK OF THIS PAGE DRAW A PICTURE OF WAYS YOU SHOW JESUS YOU LOVE HIM

JESUS WAS WELCOMED INTO JERUSALEM WITH CRIES OF "HOSANNA TO THE Son of David; blessed is he who comes in the name of the Lord; Hosanna in the highest." What words do you use to praise jesus?

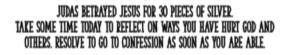
USE THE BACK OF THIS PAGE TO DRAW JESUS ENTERING JERUSALEM.



 ************************









USE THE BACK OF THIS PAGE TO DRAW A REFLECTION ON LENT THIS YEAR.





	***************************************
	*******
	***************************************
APOSTLES AND GAVE THEM	TODAY WE REMEMBER THE WORST THING THAT HAS EVER HAPPENED, THE DEATH OF JESUS ON THE CROSS. SO WHY IS IT CALLED "GOOD" FRIDAY? THIS DAY IS NAMED
SAME GIFT AT EVERY MASS. NDS, AND HEARTS TO TRULY BLOOD, SOUL, AND DIVINITY. URE OF THE LAST SUPPER.	GOOD FRIDAY BECAUSE IT IS ALSO THE BEST THING THAT HAS EVER HAPPENED. JESUS' DEATH FREES US FROM SIN AND ALLOWS US TO BE WELCOMED INTO HEAVEN. USE THE BACK OF THIS PAGE TO DRAW THE SCENE OF THE CRUCIFIXION.

AT THE LAST SUPPER, JESUS GATHERED WITH HIS APOSTLES AND GAVE THEM THE GIFT OF THE EUCHARIST. WE RECEIVE THIS SAME GIFT AT EVERY MASS. LET'S PRAY THAT WE WILL OPEN OUR EYES, MINDS, AND HEARTS TO TRULY SEE JESUS PRESENT IN THIS SACRAMENT: BODY, BLOOD, SOUL, AND DIVINITY.

USE THE BACK OF THIS PAGE TO DRAW A PICTURE OF THE LAST SUPP.





THE TRADITIONAL PASCHAL GREETING IS: "ALLELUIA! HE IS RISEN!" AND THE RESPONSE IS: "HE IS RISEN INDEED!"

USE THE BACK OF THIS PAGE MAKE YOUR OWN ALLELUIA BANNER!

بالماصا ما	
	٨
	φ
	A
	22
TOMICUT AT THE FACTED VICH. THE NEW DACCHAI, CANNER IS DIRECTED AND LIT	ru i
IUNIONI AI THE EASTEK VIOIL, THE NEW PASCHAL CANDLE IS DLESSED AND LIT.	
THIS CANNE WILL DEMIND IN ALL YEAD THAT IESIIS CUDIST. WHO HAS DISEN	Ω
THIS WHITLE WILL KEMIND US ALL TEAK THAT JESUS CHKIST, WHO HAS KISEN	
TONIGHT AT THE EASTER VIGIL, THE NEW PASCHAL CANDLE IS BLESSED AND LIT. THIS CANDLE WILL REMIND US ALL YEAR THAT JESUS CHRIST, WHO HAS RISEN FROM THE DEAD, IS THE LIGHT OF THE WORLD!	
TROPT THE PERP, TO THE LIGHT OF THE WORLD?	
HET THE BLOW OF THE BLOF TO BRALL WORD OLDI DLOGILL CAUDLE	
USE THE BACK OF THIS PAGE TO DRAW YOUR OWN PASCHAL CANDLE.	

### LECTIO DIVINA (HOLY READING)

Read the text, out loud if you are able, then read it though again in silence, 2 or 3 times. "Chew over" the words in your mind, allowing yourself to sit with them. Perhaps a particular word, or phrase, will strike you, but don't worry if it doesn't. Read the text aloud again, "chew over", or allow the words to wash over you, for another while. A prayer or a thought may come to you which you can carry with you through the day. End with the Our Father and the Sign of the Cross.

If you are keeping a Holy Week Journal, the suggestions below may be helpful.

#### Lectio Read

Read several times, be attentive to detail Note verses or phrases that stand out to you Work to understand meaning and background

#### Journal Starters:

- In this passage...
- My favorite verse was...
- I noticed...

#### Meditatio Meditate

Think about the reading and connect to your life Imagine being present to hear the passage or witness the story

#### Journal Starters:

- This reminds me of...
- If I were there...
- I can connect this story to...

### Oratio Pray

Dialogue with God in prayer about the passage Thank God for His Word Ask Him to lead you into deeper understanding

#### Journal Starters:

- Dear Jesus...
- Thank you God for...
- Please help me understand...

#### Contemplatio Contemplate

Quiet expression of love between you and God Note what God is trying to teach you through the passage and time of prayer

#### Journal Starters:

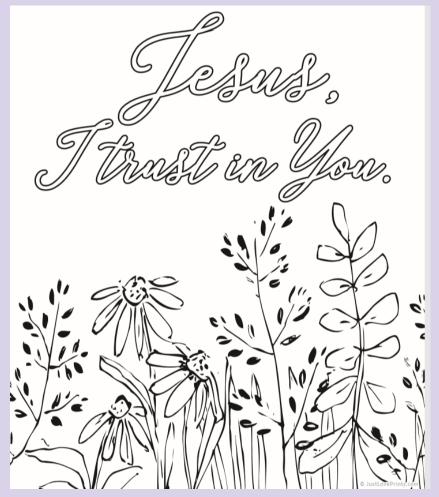
- I think Jesus is teaching me...
- Lord, I love you for ...
- I believe...

### **SCRIPTURE CARDS**

If a word or phrase strikes you during Lectio Divina or any other time, take the time to write it down. You could decorate it or keep it quite simple. Whatever you choose to do will be the right way for you - there is no right or wrong way! You may wish to keep the cards together in a Scripture Jar. An empty (washed!) food jar is ideal for this. Most of all give thanks for the gift of these words and enjoy being creative as you pray.



#### Faith over fear colouring pages



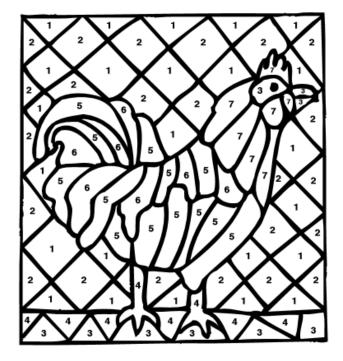






### Rooster colour by number

BibleWise I Don't Know Him



Luke 22:54-62

At the last supper Peter professed his love for Jesus. But later he denied knowing Jesus three times.

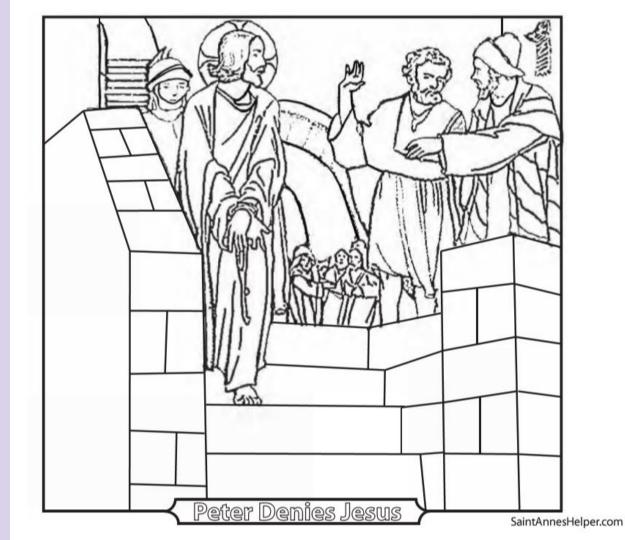
What farm animal reminded Peter of his lies?

Use the color code to find out:

1=Green 2=Blue 3=Yellow 4=Orange 5=Brown 6=Black 7=Red

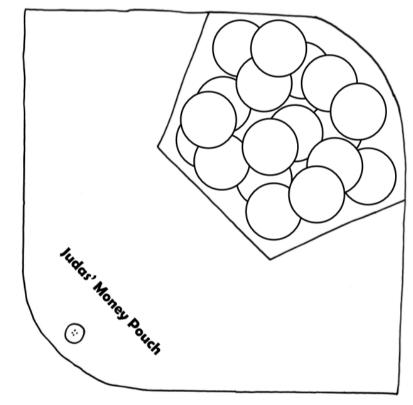
Copyright © 2011, BibleWise. All Rights Reserved. Activity by JJ Johnston .

### Peter denies Jesus colouring page



Judas' Money Pouch– he agrees to turn over Jesus in exchange for 30 silver coins

3-D Printable



### Judas money pouch

2015 ©Kristen Rabideau

### This is Holy Week – Spy Wednesday

This week is called Holy Week, when we remember the last days of Jesus's life on earth before he died on the cross on Good Friday and rose to new life on Easter Sunday. Read the Bible passage below to answer the questions and complete the word search.

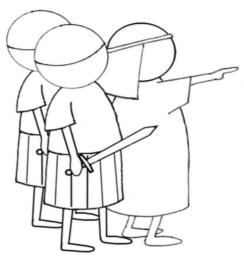
It was almost time for the Jewish Feast of Passover. The leading priests and teachers of the law were trying to find a way to kill Jesus. But they were afraid of the people.

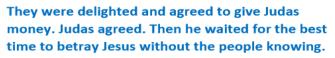
One of Jesus's twelve disciples was named Judas. He went to the leading priests and some of the soldiers who guarded the Temple. He talked to them about a way to hand Jesus over.

They were delighted and agreed to give Judas money. Judas agreed. Then he waited for the best time to betray Jesus without the people knowing.

- 1. It was almost time for which Jewish Feast?
- 2. The people made the leading priests and teachers feel what?
- 3. The number of disciples Jesus had.
- 4. The disciple who handed Jesus over.
- 5. These guarded the place people prayed in.
- 6. The place people prayed in was called the \_\_\_\_
- 7. He was handed over by Judas.
- 8. What Judas was given by the leading priests.
- 9. Judas waited for the best time to \_\_\_\_\_ Jesus.
- 10. Judas didn't want who to know?

0	t	w	е	1	v	е	q	k	
х	n	s	n	f	g	1	j	x	
u	h	d	s	f	m	q	d	a	
е	а	t	0	a	0	s	i	q	
У	f	е	I.	r	n	I.	a	р	
n	р	m	d	е	е	е	r	е	
У	У	р	i –	v	У	n	f	0	
α	h	I.	е	0	S	j	a	р	
r	j	е	r	s	u	u	У	1	
t	d	a	s	s	S	d	х	е	
е	р	С	j	а	е	a	р	V	
b	0	t	С	р	j	S	р	р	





Lk 22:5-6



Mission Together is the children's branch of Missio, the Pope's charity for world mission. 23 Eccleston Square London SW1V INU 020 7821 9755 missiontogether.org.uk missio.org.uk Registered in England and Wales Charity No. 105651



### This is Holy Week – Holy Thursday

On the night before Jesus died he shared a meal with his disciples. This meal is known as the Last Supper.

It was a sad time. Jesus knew he was about to die and he told the disciples many things, especially, that he loved them. Jesus took a bowl of water and bent down to wash their feet and dry them with a towel.

The disciples were surprised because this was a job for the servants. Peter tried to stop Jesus. But Jesus explained, "I have set you an example. You must serve one another, just as I have served you."

At the meal Jesus broke the bread, gave thanks to God for it and gave it to his disciples. He said, "This is my body, given for you. Do this in memory of me." Then he took a cup of wine, thanked God for it and shared it with his disciples, saying, "This is my blood, poured out for you. Drink it in memory of me."

### Complete the Word-Search, using the Bible reading above to find your answers to the questions below.

- The close friends of Jesus were called \_\_\_\_\_
- 2. Last \_\_\_\_\_ is the final meal Jesus shared with his disciples.
- 3. Jesus took a bowl of this.
- 4. Jesus did this to the disciples' feet.
- 5. Jesus set us this, and we can be this to others.
- 6. Jesus told them to do this for one another.
- 7. He broke this and gave it to his disciples.
- 8. Jesus said, 'This is my \_\_\_\_ given for you."
- 9. This was in the cup Jesus took.
- 10. Jesus said, "This is my \_\_\_\_ poured out for you."



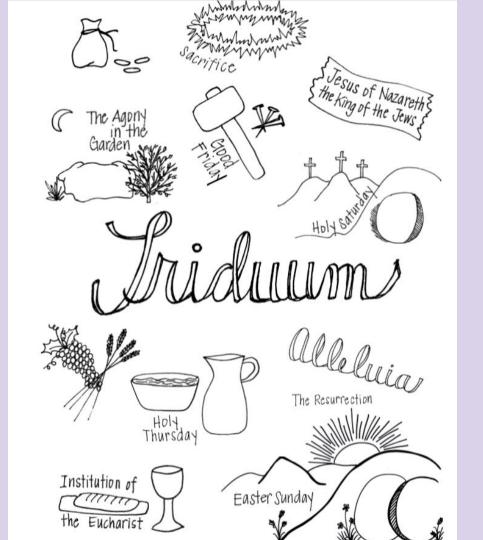


У	е	q	d	х	q	m	j	У	f	r	р	b	0	d	У	b
w	а	S	h	У	h	е	С	k	е	У	S	d	r	g	I.	j
m	t	d	r	m	v	d	s	t	i.	i –	0	q	w	е	С	g
S	Ζ	w	S	w	0	k	α	u	С	р	i	m	g	d	α	е
е	j	r	i –	0	b	w	n	Ζ	р	t	q	х	I.	s	j	d
r	S	1	1	n	d	i –	S	С	i	р	L	е	S	h	r	x
V	r	b	С	k	е	р	n	m	t	g	е	е	a	u	У	k
е	х	α	m	р	I.	е	r	w	С	е	i	r	g	k	α	r

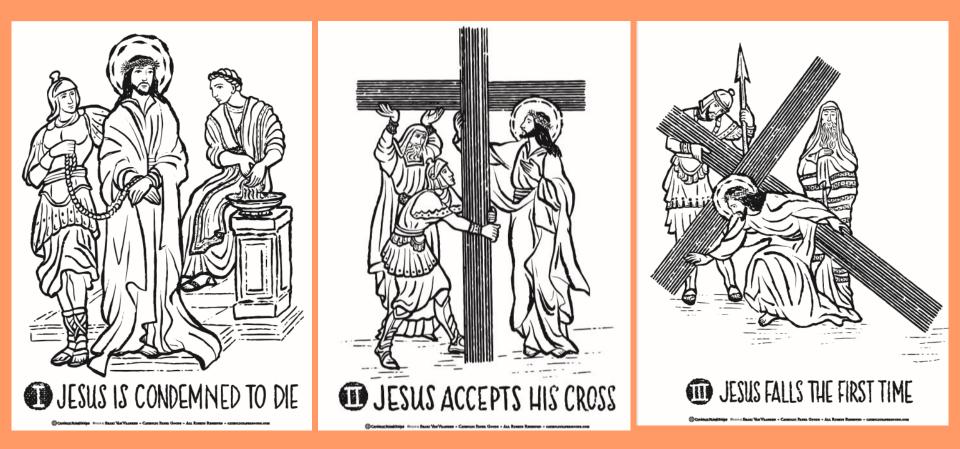
Jesus said, "I have set you an example that you should do as I have done for you." Jn 13:15

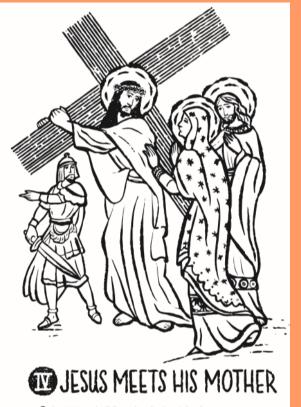


What the Triduum looks like colouring page



### Stations of the Cross colouring pages



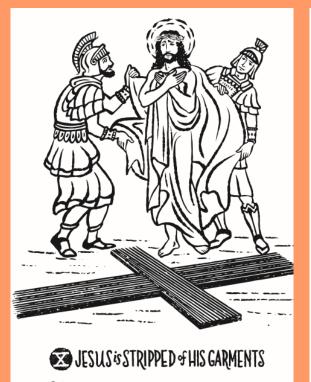


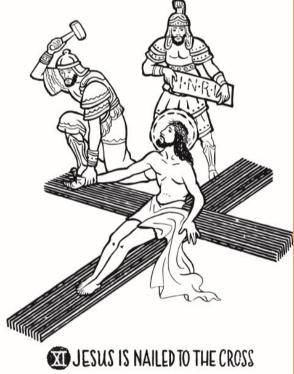


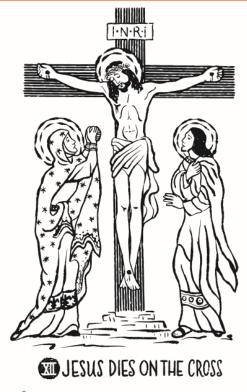
SIMON & CYRENE HELPS JESUS



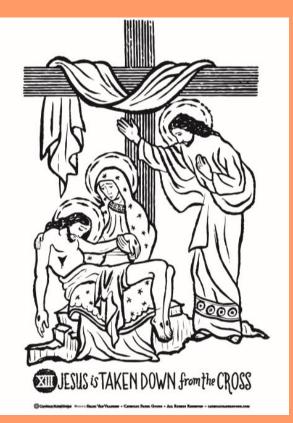


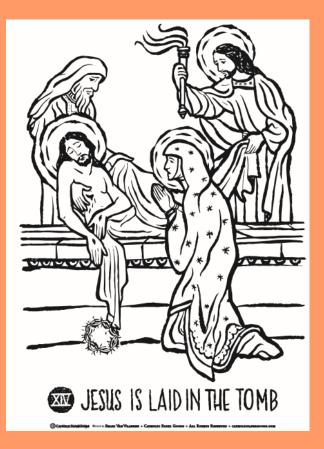






Основальной солото балах Мак Уализан + Сатволас Ранка Goode + Ала Канкита + сатволаснанкающие соли.





### This is Holy Week – Good Friday

When Jesus was in the garden praying, Judas entered with the soldiers. They arrested Jesus and took him to the High Priest's house. The High Priest and Temple leaders wanted to put Jesus to death because he had said that God was his Father. But they needed permission from the Romans.

So the soldiers led Jesus to the Roman Governor, Pontius Pilate. But Pilate could not find any fault with Jesus. Instead he had him flogged, the soldiers placed a crown of thorns on his head and they mocked him.

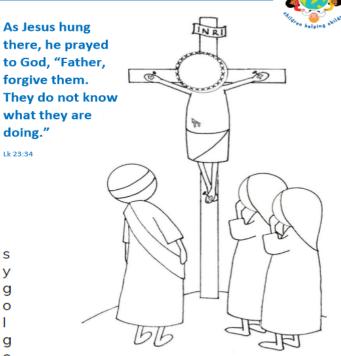
But the crowd persisted, shouting at Pilate, "Crucify him". Finally, Pilate gave in. Bloodied and tired, Jesus took up the heavy wooden cross and carried it to a hill called Golgotha. Here, soldiers nailed Jesus' hands and feet to the cross.

As Jesus hung there, he prayed to God, "Father, forgive them. They do not know what they are doing." Later that afternoon, Jesus cried out, "It is finished." He hung his head and died.

### Complete the Word-Search, using the Bible reading above to find your answers to the questions below.

- 1. Who God was to Jesus.
- 2. The people who decided that a person be killed.
- 3. The Roman Governor's second name.
- 4. What the Governor ordered to be done to Jesus.
- 5. The crown put on Jesus' head was made of these.
- 6. The cross Jesus carried was this.
- 7. Jesus died in this place.
- 8. The soldiers did this to Jesus' hands and feet.
- 9. What Jesus asked God to do to those who killed him.
- 10. What happened to Jesus on the cross?

q	n	t	h	0	r	n	S
w	α	I.	n	h	a	b	У
р	i	d	Ζ	g	a	е	g
i –	1	е	Ζ	d	V	f	0
L	е	S	m	i –	f	х	1
α	d	t	g	е	I.	h	g
t	W	r	Ζ	d	0	r	0
е	0	q	b	i –	g	0	t
f	0	k	t	h	g	m	h
b	d	х	d	m	е	α	a
r	е	t	е	V	d	n	f





Mission Together is the children's branch of Missio, the Pope's charity for world mission. 23 Eccleston Square London SW1V INU 020 7821 9755 missiontogether.org.uk missio.org.uk Registered in England and Wales Charity No. 105651

### This is Holy Week – Holy Saturday

There was a kind follower of Jesus, a rich man called Joseph of Arimathea, who went to Pilate and asked for Jesus's body. Pilate agreed. Joseph wrapped the body in linen cloths and laid it in a tomb, which had been carved out of the rock.

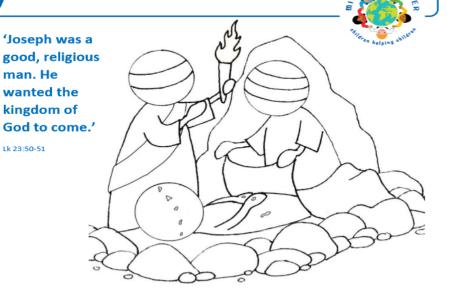
Then he asked for a great stone rolled across the entrance to the tomb. The women who loved Jesus followed and watched.

The next day Pilate ordered his soldiers to guard the tomb for three days. Some of those who had wanted Jesus killed were worried that the disciples would secretly steal Jesus's body and pretend that he was alive.

This was because they remembered that Jesus had said, "After three days I will rise again."

Complete the Word-Search, using the Bible reading above to find your answers to the questions below.

- 1. Joseph was one of these.
- 2. The rich man Joseph came from here.
- 3. They type of cloths Jesus was wrapped in.
- 4. The tomb was made from this.
- 5. This was rolled across the tomb's entrance.
- 6. They loved and followed Jesus.
- 7. The women \_\_\_\_\_ to see where they put Jesus.
- 8. Pilate ordered these to guard the tomb.
- 9. The number of days the tomb was guarded.
- 10. Jesus said he would do this after three days.



owerywomenpi hree arimathe ajwmi smv hprrockdi o p wat ched xnci е C ZS 0 d i e r S S w m nenhxnkuzi k t z l a a



Mission Together is the children's branch of Missio, the Pope's charity for world mission. 23 Eccleston Square London SW1V 1NU 020 7821 9755 missiontogether.org.uk missio.org.uk Registered in England and Wales Charity No. 1056651 What Easter looks like colouring page



#### This is Holy Week – Easter Sunday

It was just before dawn on Sunday, when suddenly there was a great earthquake. An angel came from heaven and rolled back the stone. His clothing was white as snow. The guards were terrified and ran away.

When Mary Magdalene and the other Mary arrived, they saw the tomb wide open and Jesus's body had gone. The angel said to them, "Do not be afraid; I know that you are looking for Jesus. He is not here; he has been raised, just as he said. Go and tell his disciples, 'He has been raised from the dead, and you will see him soon.'"

The women were scared but joyful as they ran to tell the disciples. Suddenly, Jesus greeted them. They approached him, bowed down and worshipped him. Then Jesus said to them, "Do not be afraid; tell my friends that you have seen me."

Complete the Word-Search, using the Bible reading above to find your answers to the questions below.

- 1. The day of the week these events happened.
- 2. Who rolled back the stone?
- 3. Where did they come from?
- 4. Two women who went to the tomb shared this name.
- 5. The tomb was no longer shut. It was \_\_\_\_\_
- 6. Jesus's body was no longer in the tomb. It had \_\_\_\_\_
- 7. Jesus had been what from the dead?
- 8. The women were both scared and what?
- 9. What the women did when they met Jesus.
- 10. What did Jesus tell them not to be?

de open bw that . Go and bon.'" y,

phnns uzm emkr S еер a a n p a a f V V d 0 0 c s m C S ezh a o a e shippednovu e pwkexrwbikznb "Do not be afraid; I know that you are looking for Jesus. He is not here; he has been raised, just as he said." Mt 28:5



Mission Together is the children's branch of Missio, the Pope's charity for world mission. 23 Eccleston Square London SW1V INU 020 7821 9755 missiontogether.org.uk missio.org.uk Registered in England and Wales Charity No. 1056551

### Acknowledgements

With grateful thanks to Katie at <u>www.looktohimandberadiant.com</u> who provided the original inspiration and many of the resources for this At Home Family Retreat.

Thank you also for the online resources freely available from the following websites:

https://www.catholicicing.com

https://www.saintanneshelper.com

https://justloveprints.com

https://toristots.wordpress.com

http://www.biblewise.com

http://www.drawn2bcreative.com

http://www.bonnieengstrom.net

https://catholicallyear.com/

https://missiontogether.org.uk/schoolresources-for-lent-2020/

https://cafod.org.uk/Pray/Prayerresources/Holy-week-prayers

